CENTRAL TEXAS COLLEGE  
RNSG 1229  
INTEGRATED NURSING SKILLS II  
Semester Hours Credit: 2

INSTRUCTOR(S): _________________________

OFFICE HOURS: _________________________

I. INTRODUCTION

A. Course Description: Study of the concepts and principles necessary to perform intermediate or advanced nursing skills for care of diverse clients across the life span. Content include knowledge, judgment, skills, and professional values within a legal/ethical framework. This course lends itself to an integrated approach. (WECM CIP 51.3801)

B. This is a required prerequisite course for the LVN/LPN/Paramedic student wanting to enroll in the ADN program.

C. This course is occupationally related and serves as preparation for careers in Nursing, (Associate Degree Nursing).

D. This course is presented as a blended (on-line and face-to face) course, and will meet in the classroom and simulation lab one day per week for eight weeks, for reinforcement of required reading and for testing.

E. Prerequisites:

First Semester  
1. BIOL 2401, Anatomy and Physiology I  
2. ENGL 1301, Composition I  
3. PSYC 2301, General Psychology  

Second Semester  
4. BIOL 2402, Anatomy and Physiology II  
5. BIOL 2420, Microbiology for Non-Science Majors*  
6. HPRS 2300 Pharmacology for Health Profession

Upon successful completion of Prerequisites students can enroll:

7. RNSG 1229 Integrated Nursing Skills II

*Upon successful completion of RNSG 1229 and meeting ADN admission requirements students will receive credit for RNSG 1413, RNSG 1115 and RNSG 1262.

F. Secretary’s Commission on Achieving Necessary Skills (SCANS), Differentiated Essential Competencies (DECs), and Workforce Education Course Manual, 2011-2012 (WECM)

Alphanumeric coding used throughout the syllabus denotes the integration of SCANS occupational competencies (C) and foundation skills (F). The DECs competencies that are implemented in RNSG 1229 are also alphanumeric coded.
as Provider of Patient-Centered Care (PPCC), Patient Safety Advocate (PSA), Member of the Health Care Team (MHCT) and Member of a Profession (MOP). Workforce Education Course Manual, 2011-2012 coding reference as (WECM).

II. LEARNING OUTCOMES

Upon successful completion of this course, RNSG 1229 (Integrated Nursing Skills II), the student will:


3. Compare and contrast the different legal and ethical responsibilities of the Registered Nurse. (F13, 15, 17), (MOP-A.1-4,B.1-8,C.1-5,D.1-5) (PPCC A. 1-4, B. 1-12, C. 1-8, D. 1-5, E. 1-13, F. 1-3, G. 1-3, H. 1-7)

4. Utilize critical thinking, clinical reasoning and a systematic approach for the vocational nurses and paramedics to use as a framework for providing nursing care. (C7, 8, 9, F9), (PPCC-A.1-4, B.1-12,C.1-8,D.1-5,E.1-13F.1-3,G.1-3,H.1-7), (PSA-A.1-6,B.1-5, C.1-2)

5. Identify the roles of the nurse as Member of the Health care Team, Provider of Patient-Centered Care, Patient Safety Advocate and Member of a Profession. (C6, 11, 14) (MOP A. 1-4, B. 1-8, C. 1-5, D. 1-4) (PPCC A. 1-4, B. 1-12, C. 1-8, D. 1-5, E. 1-13, F. 1-3, G. 1-3, H. 1-7) (PSA A. 1-6, B. 1-5, C. 1-2, D. 1, E. 1-2) (MHCT A. 1-5, B. 1-4, C. 1-8, D. 1-4, E. 1-3, F. 1-4, G. 1-4)


7. Apply therapeutic communication skills to maintain effective patient relationships. (C10-14, F5, 6) (MHCT A. 1-5, B. 1-4, C. 1-8, D. 1-4, E. 1-3, F. 1-4, G. 1-4) (PPCC B. 1-12, C. 1-8, D. 1-5, E. 1-13, F. 1-3)

8. Identify principles and demonstrate a culture of safety and the health care environment. (C 5, 7, F 3) (PSA A. 1-6, B.1-5, C. 1-2, D.1, F 1-2) (MHCT A. 1-5, B.1-4, C. 1-8, D. 1-4, E.1-3)

10. Discuss collaborative behavior as a member of the health care team. (MHCT A. 1-5, B. 1-4, C. 1-8, D. 1-4, E. 1-3, F. 1-4, G. 1-4)

11. Utilize information technology that enhances learning and professional nursing. (MHCT E.1-3)


III. INSTRUCTIONAL MATERIALS

A. Instructional Materials:
   1. “The instructional materials identified for this course are viewable through http://www.ctcd.edu/academics/booksinstructional-materials/
   2. Course materials can be found at https://ctc.blackboard.com/webapps/login/
   3. Mechanical Pencil
   4. Scantrons (4)

B. Computer Accessibility: Accessibility to computer hardware and software that will support the completion of assignments on the internet, DVD, CD, or other electronic delivery is required. All Associate Degree and Vocational Nursing courses (RNSG, VNSG and HPRS), whether traditional, blended, or online utilize Blackboard Learning Management System tools for communication and course requirements. Other online components, such as publisher online resources, online activities, or database searches may also be required. It is expected that students enrolled in RNSG, VNSG or HPRS courses have access to a computer with minimum technical requirements, have a consistent and reliable Internet connection, possess basic computer skills, and have the ability to download and install applications or plug-ins. Online components/requirements may be completed in a CTC computer lab or on a home computer. Students are recommended to familiarize themselves with the locations and available hours of CTC computer labs in the event that home computers or Internet access are unavailable or unreliable. No extensions or alternate due dates for assignments or exams will be granted due to computer or Internet difficulties.

C. Supplementary Materials: Various electronic media systems, computer software, websites, experiential group exercises, and simulated situations as suggested by the faculty to enhance clinical practice in nursing are used.
D. **References**: Current professional nursing resources, as well as other published health care professional resources.

E. **Library Resources**: It is expected that all students will have a working knowledge of the Oveta Culp Hobby Memorial Library, and off-site access to library resources: [http://www.ctcd.edu/academics/library/](http://www.ctcd.edu/academics/library/).

F. **Current practice guidelines** set forth by Occupational Safety & Health Administration (OSHA) and the National Institute for Occupational Safety and Health (NIOSH) related to safe patient handling and ergonomics will be implemented.

G. **Six areas of core competencies**, as delineated by the Quality and Safety Education for Nurses (QSEN) project will be taught and evaluated in relation to the course objectives and content for VNSG 1219. The (QSEN) project is to meet the challenge of preparing future nurses who will have the knowledge, skills and attitudes (KSAs) necessary to continuously improve the quality and safety of the healthcare systems within which they work. The six core competencies are: Patient-Centered Care, Teamwork and Collaboration, Evidence-Based Practice, Quality Improvement, Safety, and Informatics.

IV. **COURSE REQUIREMENTS**

A. **Attendance Policy**: RNSG 1229 adheres to the Central Texas College attendance policy. Excessive absence may result in course administrative withdrawal. **The signature sheet at the end of the syllabus must be printed off, signed and dated by the student to acknowledge their understanding of the course objectives and requirements, and turned into the course faculty on the first day of class.**

B. **Participation Grade**: All laboratory simulation dates are mandatory with no make-up dates available. Students are required to participate in the course. Participation for this course is defined as active engagement and involvement in all activities, to include discussion, class projects, question and answer sessions, writing assignments, etc… Student involvement will be monitored during each class period.

C. **Written Assignments**: All assignments are to be completed *independently* unless instructed otherwise. All assigned written work will be submitted according to submission instructions, at the designated date and time, unless prior arrangements were made with the professor. Late submissions will receive a score of “0”. Grade deductions will also occur for incomplete and sloppy work.

D. **Scholastic Honesty**: The following statement is published in the Central Texas College Catalog:

> “All students are required and expected to maintain the highest standards of scholastic honesty in the preparation of all course work and during examinations. The following are considered examples of scholastic dishonesty:

1. **Plagiarism** - the taking of passages from the writing of others without giving proper credit to the sources.
2. **Collusion** - using another’s work as one’s own, or working together with another person in the preparation of work, unless such joint preparation is specifically approved in advance by the instructor.

3. **Cheating** - giving or receiving information on examinations.

Students guilty of scholastic dishonesty will be administratively dropped from the course with a grade of “F” and subject to disciplinary action, which may include suspension and expulsion.

E. **Office Hours**: Each professor keeps office hours for the purpose of conferring with students. Students are encouraged to make appointments with the professor to discuss their needs and/or problems related to RNSG 1229. Please use the phone at the reception desk to call the professor’s office before your appointment.

F. **Health Educations Systems Inc. (HESI) TEST**: “Foundations of Nursing” HESI test is required for students enrolled in RNSG 1229. A minimum national average is required for each student score outcome. The Instructor will notify students of the national average requirement. The test results are for student self-assessment and self-remediation of nursing foundations knowledge and skills. The HESI exam will be completed on the date & time listed on the daily planner/schedule or as designated by the course instructor. **Failure to successfully complete all assigned exam(s) will result in an “Incomplete” (IP) grade for the course.** IP rules will apply until HESI test requirement is met. **Students must have an EVOLVE account prior to testing date.** The student will be responsible for all fees, if any, involved in obtaining an EVOLVE account & HESI testing.

G. a. **Skills check-off** – Students must pass all skills check-offs with a satisfactory grade. If the student obtained a grade of unsatisfactory, remediation will be required and the skill(s) must be repeated. **Failure to successfully complete the check-off /supervised practice on any of the skills by the third attempt will result in a course failure.**

b. **Physical Assessment** – students must obtain a 75% on the Physical Assessment performance check-off form to receive a satisfactory grade. If the student obtained a grade of less than 75%/unsatisfactory, remediation will be required and the skill(s) must be repeated. **Failure to successfully pass the Physical Assessment check-off by the third attempt will result in a course failure.**

H. **Dress code**- Students are required to wear professional scrubs at all times. Students will be obligated to follow the Department of Nursing and Allied Health policies regarding dress code. Any exceptions to this policy must be discussed and approved by the lead instructor.
V. EXAMINATIONS

A. Examination dates are identified on the Daily Plan which is distributed the first day of class.

1. Exams consist but not exclusive of:
   a. Multiple choice questions
   b. Alternate format questions

2. The student will be allowed 1.5 minutes per test item as is possible, given the class schedule time. The posted CTC schedule allows two hours for a final exam.

3. In the event a student is unable to attend class on a scheduled exam date, prior notification directly to RNSG 1229 Professor is required via office telephone (254-526-1986) or Blackboard e-mail. Calls/voicemails to anyone else will not be accepted. If the student fails to provide prior notice, it will be considered a “No Call No show” and they will receive a grade of “0” for that exam.

4. Make-up examinations will be administered on Friday at 0900 in the week that the exam was missed. The student is required to arrive in the Department of Nursing and Allied Health building 155 or the testing center prior to 0830. Make up examinations may be in an alternate format such as essay or fill in the blank. Students are responsible for making arrangements with the professor to make up the examination within the week. Failure to do so will result in a grade of a zero (0%) for that examination. If the rescheduled opportunity is missed there will be no other opportunities afforded.

5. ScanTrons® are the only source utilized in calculating examination scores and students will not have access to the forms once they have been turned into the instructor.

6. On examination day, the following rules will apply. All backpacks or book bags of any kind will be placed at the back of the class. Cell phones are to remain in your bag, turned off. No drinks, food, hats, Google glass, Google paraphernalia or jackets allowed on exam days.

7. An exam review if time allows will be provided following each exam, including the final exam. The date, time and place will be announced prior to the exam. Attendance is voluntary.

8. A student scoring less than 75% on any exam must make an appointment with the course faculty for exam review and counseling. (Appointments are optional for scores = or >75%). According to Department policy, individual appointments with the course faculty must be made within one week of the test date for individual review of the exam. The exam may be reviewed with the faculty at a later date but the appointment must be made within the one week time frame. No exceptions! Once a subsequent exam has been administered, no prior exam may be reviewed or any prior test question challenged.
B. Examination grades alone will not ensure successful completion of the course.
C. Accessibility to computer hardware and software that will support the completion of assignments on the internet, DVD, CD, or other electronic delivery is also required

A total of two quizzes and two examinations will be given in RNSG 1229.

VI. **SEMESTER GRADE COMPUTATIONS**

A. The student must earn at least a 75% (150 raw points out of a maximum of 200 possible raw points from Exams & Assignments) to permit the additional Participation Raw Points earned to be added into the cumulative grade.

Students who do not earn at least 225 points at the end of the semester will fail RNSG 1229. There is no rounding off of the final theory average.

B. The course grade will be calculated as follows:

<table>
<thead>
<tr>
<th>Component</th>
<th>Possible Raw Points</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Exams</strong></td>
<td></td>
</tr>
<tr>
<td>Exam 1</td>
<td>50</td>
</tr>
<tr>
<td>Final</td>
<td>50</td>
</tr>
<tr>
<td><strong>Assignments</strong></td>
<td></td>
</tr>
<tr>
<td>Advanced Nursing Skills Packet</td>
<td>50</td>
</tr>
<tr>
<td>Medication Math Calculations Assignment</td>
<td>50</td>
</tr>
<tr>
<td><strong>Total Possible Raw Points (Exams &amp; Assignments)</strong></td>
<td><strong>200</strong></td>
</tr>
</tbody>
</table>

**Must earn 150 raw points (75%) out of 200 possible raw points in order for any additional points can be entered for Participation**

<table>
<thead>
<tr>
<th>Participation Points (Skill Checkoffs)</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Hand Hygiene/Sterile Gloving/Trach Care</td>
<td>10</td>
</tr>
<tr>
<td>2. N/G &amp; Foley insertion</td>
<td>10</td>
</tr>
<tr>
<td>3. Wound Care</td>
<td>10</td>
</tr>
<tr>
<td>4. Head to Toe Practice</td>
<td>10</td>
</tr>
<tr>
<td>5. Head to Toe Practice</td>
<td>10</td>
</tr>
<tr>
<td>6. Final Head to Toe Demonstration Checkoff</td>
<td>50</td>
</tr>
</tbody>
</table>

**Total Possible Raw Participation Points** 100

| Total Possible Course Points | 300 |

---

**RNSG 1229**
### Course Exams

<table>
<thead>
<tr>
<th>Exam</th>
<th>Units Covered</th>
<th>References</th>
<th>Time Limit</th>
<th>Dates</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Exam 1</td>
<td>Not Allowed</td>
<td>75 min</td>
<td>mm/dd</td>
<td>Rm. #</td>
<td></td>
</tr>
<tr>
<td>Final Exam</td>
<td>Not Allowed</td>
<td>75 min</td>
<td>mm/dd</td>
<td>Rm. #</td>
<td></td>
</tr>
</tbody>
</table>

### Course Grade Calculation

<table>
<thead>
<tr>
<th>Grade</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>300-270</td>
</tr>
<tr>
<td>B</td>
<td>269-240</td>
</tr>
<tr>
<td>C</td>
<td>239-225</td>
</tr>
<tr>
<td>D</td>
<td>224-180</td>
</tr>
<tr>
<td>F</td>
<td>0-179</td>
</tr>
</tbody>
</table>

### VII. NOTES AND ADDITIONAL INSTRUCTIONS FROM THE INSTRUCTOR

A. **Course Withdrawal**: (Consistent with CTC policy)

B. **Administrative Withdrawal**: (Consistent with CTC policy)

C. **Incomplete Grade**: (Consistent with CTC policy)

D. **Cellular Phones**: (Consistent with CTC policy) Cellular phones and beepers will be turned off while the student is in the classroom, laboratory area. During each examination cell phones will be secured in the student’s personal vehicle along with laptops, books and other personal belongings.

E. **American’s with Disabilities Act (ADA)**: (Consistent with CTC policy) “Disability Support Services provide services to students who have appropriate documentation of a disability. Students requiring accommodations for class are responsible for contacting the Office of Disability Support Services (DSS) located on the central campus. This service is available to all students, regardless of location. Explore the website at www.ctcd.edu/disability-support for further information. Reasonable accommodations will be given in accordance with the federal and state laws through the DSS office.”

**Instructor Discretion**: The instructor reserves the right of final decision in course requirements.

F. ** Civility**: Individuals are expected to be cognizant of what a constructive educational
a. Experience is and be respectful of those participating in a learning environment.

b. Failure to do so can result in disciplinary action up to and including expulsion. See DON Civility Policy.

G. **Support Services**: The College offers a variety of support services to students. [http://www.ctcd.edu/locations/central-campus/student-support/student-success-persistence/academic-studio-student-success-center/](http://www.ctcd.edu/locations/central-campus/student-support/student-success-persistence/academic-studio-student-success-center/) Refer to the CTC website: [www.ctcd.edu](http://www.ctcd.edu) and click on “Current Students” from the Main Menu then “Texas Students”, then “Student Support Services.”
H. **Non-Discrimination**: Central Texas College does not discriminate in admissions or access to, or treatment or employment in, its programs and activities on the basis of race, color, religion, national origin, gender, disability, age, or veteran status, genetic information, sexual orientation or gender identity.

I. **Inclement Weather**: Information about class cancellation or delay because of inclement weather can be obtained by listening to KNCT-FM (91.3 FM) or by calling (254) 501-3100. (CTC Inclement Weather Information Line).

VIII. **COURSE OUTLINE**

**Unit I.**
- Role Development and Transition
- The Nursing Process
- The Nurse as Teacher
- Managing Time, Conflict, & the Nursing Environment
- Professional Responsibilities
- Health Assessment
- Med Admin
- Health History
- Vital Signs
- Cultural Assessment
- Pain

**Unit II**
- Skin, Hair, & Nails
- HEENT
- Respiratory
- Cardiac
- Abdominal & GI

**Skills Lab:**
- **Potter**: Ch 40, 41
- Hand Hygiene/Sterile Gloving/ Trach
- Potter: Ch 45, 46
- N/G Tube/ Foley

**Unit III**
- **Advance Skills Packet Due**
- Musculoskeletal
- Neurologic
- Breasts & Axilla
- Reproductive System
- Conducting Head to Toe

**Skills Lab:**
- Potter: Ch 47, 48
- Bowel Elimination & Ostomy Care
- Skin & Wound Care
• Conducting Head to Toe
• **Practice: Head to Toe**

**Unit IV**
• HESI Foundations Exam
• **Skills Lab:**
• **Check off: Head to Toe Assessment**

**IX. TEACHING LEARNING ACTIVITIES**

A. **Self-Directed Study:** This course is considered a blended format and requires the student develop an attitude of self-direction in acquiring knowledge. This course is very fast paced, with new material covered daily. Class time is designed to supplement and clarify assigned learning activities. Please set up an appointment time with the appropriate professor, if further assistance is needed. *(F 11, 13, 16)*

B. **Class Presentation:** A variety of teaching methods (lecture, discussion, demonstration, guest lectures, small group activities, computer assisted instruction, audio visuals) will be utilized to present material on assigned units of study. Class presentations are intended to supplement assigned learning aids. It is the student’s responsibility to be familiar with assigned material before attending class. *(F 13)*

C. **Drug Calculation Math:** The student must demonstrate mathematical dosage calculation skills necessary for practical problem solving for drug administration. Minimum score for the math test is 90%. Students are encouraged to seek math skill assistance at the CTC Student Center. Student who fails to meet the 90% minimum score must make arrangement with instructor to schedule a retest. Failure to successfully complete this or any other assigned course activities will result in an “Incomplete” (IP) grade for the course. IP rules will apply. *(F3, 4)*
My signature acknowledges that I have read, understand, and agree to abide by the terms set forth in this RNSG 1229 syllabus. I understand that this is a blended course and will require that I take an active role to participate in self-learning activities if I am to be successful. I understand that I am to abide by CTC and DONAH policy related to all matters.

________________________________________
Printed Name

________________________________________
Signature

________________________________________
Date
Central Texas College
Department of Nursing
RNSG 1229
Integrated Nursing Skills II
(Provide this copy to the Course Instructor)

My signature acknowledges that I have read, understand, and agree to abide by the terms set forth in this RNSG 1229 syllabus. I understand that this is a blended course and will require that I take an active role to participate in self-learning activities if I am to be successful. I understand that I am to abide by CTC and DONAH policy related to all matters.

________________________________________
Printed Name

________________________________________
Signature                  Date