INTRODUCTION:

A. Tennis is one of the lifetime sports. Beginners will learn the fundamental skills for playing the sport and with practice play well enough to enjoy either singles or doubles games.

B. This course may be used to meet CTC curriculum requirements for the Associate in Arts Degree, the Associate in Science Degree, the Associate in General Studies Degree, and the Associate in Applied Science Degree. This course is accepted as a physical education activity credit to satisfy baccalaureate degree requirements of most colleges and universities.

C. This course may be a foundation course for professional preparation of teachers and coaches.

II. OVERALL OR GENERAL OBJECTIVES OF THE COURSE:

Upon successful completion of this course, Tennis I, the student will be able to:

A. Select, use, and take care of tennis equipment and supplies.

B. Perform the fundamental skills of the service, ground strokes, and volley.

C. Keep score and participate in singles and doubles.

D. Compete in class tournaments.

E. Pass written tests on terminology, scoring, history, strategy, and fundamentals of tennis.

III. INSTRUCTIONAL MATERIALS:

A. The instructional materials identified for this course are viewable through www.ctcd.edu/books

B. Current films and ball machine

C. Tennis Rackets

D. Balls
IV. REQUIREMENTS FOR THE CLASS ARE AS FOLLOWS:

1. Attend class regularly
2. Be on time
3. Suit out in proper dress
4. Pass written examinations

GRADE COMPUTATION

<table>
<thead>
<tr>
<th>Component</th>
<th>Weightage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Participation</td>
<td>= 50%</td>
</tr>
<tr>
<td>Skill Evaluation</td>
<td>= 25%</td>
</tr>
<tr>
<td>Written Examinations</td>
<td>= 25%</td>
</tr>
</tbody>
</table>

*Participation grade will include suiting out in proper attire, positive contributions to class and team efforts, promptness in beginning activities, constant and maximum effort toward activity objectives, and demonstration of good sportsmanship.

If for any reason a student is unable to participate FULLY in class activities for an extended period of time (i.e., pregnancy, injury, or illness), it is suggested that he/she withdraw from the class. Excessive absences or limited participation will have a negative effect on the grade.

ABSENCES AND TARDIES

- **Absences numbers one (1) and two (2) - No penalty.**

- **Absence number three (3) - 5 points** will be deducted from your final grade (based on 100 point scale).

- **Absence number four (4) - 10 points** will be deducted from your final grade (based on 100 point scale).

- Should you exceed **four (4) absences**, you will be withdrawal from the class. (See “CTC Absentee Policy” in college catalogue)

- **Two (2) points** will be deducted from your final grade for each tardy.

- **There will be no make-up classes.**

The student will be required to provide a documented excuse when missing either written exams or skills tests. It will be his/her responsibility to arrange with the instructor the missed exam. Students who fail to make such arrangements immediately upon their return to class will not be allowed to take the test.
ATTENDANCE PROCEDURES:

It will be the responsibility of the student to sign the attendance sheet before beginning class. Students arriving late to class must sign a tardy sheet. Students who arrive more than 15 minutes after class-time will be counted absent. Students who leave class early without consulting with the instructor will be counted absent. Students who sign in and leave class will be penalized and subject to administrative withdrawal. This action will be considered academic dishonesty.

CLASS ATTIRE:

Court shoes or athletic shoes, blue shorts and plain white T-shirts are the accepted uniform for physical education activity classes. For outside activities when the weather is cold, blue, white or grey sweats are acceptable. Because of the special nature of the class, the instructor may make exceptions to the dress policy. Students will not be allowed to attend class unless properly suited out.

Students may not participate in street clothes or street shoes (ie.. jeans, sweaters, shirts, boat shoes, etc..). Students may not wear tank tops or midriff type t-shirts.

MEDICAL:

Students who have a health problem should obtain a document from a physician explaining the program and an approval for participation in the activity in which the student is involved. A current physical exam is recommended.

Disability Support Services provides services to students who have appropriate documentation of a disability. Students requiring accommodations for class are responsible for contacting the Office of Disability Support Services (DSS) located on the central campus. This service is available to all students, regardless of location. Explore the website at www.ctcd.edu/disability-support for further information. Reasonable accommodations will be given in accordance with the federal and state laws through the DSS office.
V. COURSE OUTLINE:

A. Unit One: Introduction of the basic skills of Beginning Tennis

1. Unit Objectives: Upon successful completion of this unit the student will be able to:

   a. Discuss the history, origin, and rules of tennis
   b. Select, use, and care for tennis equipment and supplies
   c. Demonstrate proper grip and fundamental skills of the service, forehand drive, and backhand drive
   d. Pass written tests on the history and rules of the game

2. Learning Activities:

   a. Classroom lecture/discussion
   b. Instructor will show how to select, use and care for equipment and supplies
   c. Instructor will demonstrate the various grips for holding the racquet
   d. Instructor will demonstrate the stance and footwork for tennis skills
   e. Instructor will demonstrate the service, forehand drive, and backhand drive
   f. Students will practice the service, forehand drive, and backhand drive
   g. Students will be given written knowledge tests on history and rules of tennis

B. Unit Two: Achievement and Competition

1. Unit Objectives: Upon successful completion of this unit the student will be able to:

   a. Know the rules
   b. Keep score
   c. Explain tennis strategy and play singles and doubles
   d. Participate in game situations in class
   e. Define tennis terminology
   f. Pass tennis skills test on the court
   g. Pass written tests on various aspects of tennis

2. Learning Activities:

   a. Instructor will explain the rules, court position, and strategy in tennis
   b. Instructor will explain tennis terminology
   c. Student will play in class tournaments
   d. Students will be evaluated on performance and achievement on tennis skills on the court
   e. Students will review for written tests