CENTRAL TEXAS COLLEGE
SYLLABUS FOR KINE 1108
BOWLING I

INSTRUCTOR ________________
OFFICE HOURS ________________

I. INTRODUCTION:

A. The purpose of this course is to learn skills used in bowling.

B. This course meets curriculum requirements for the Central Texas College programs for an Associate Degree and the transferability of courses to other institutions.

C. Be able to enjoy bowling as a lifetime recreational activity.

II. LEARNING OUTCOMES:

Upon successful completion of this course, Beginning Bowling, the student will:

A. Be able to develop and appreciate the social aspect of the game.

B. Participate in bowling now and as a lifetime sport.

C. Know how to keep score.

D. Know rules and proper etiquette.

E. Know basic techniques and develop physical skills necessary for bowling.

III. INSTRUCTIONAL MATERIALS:

A. The instructional materials identified for this course are viewable through www.ctcd.edu/books

B. References: Handouts from instructor

IV. REQUIREMENTS FOR THE CLASS ARE AS FOLLOWS:

1. Attend class regularly
2. Be on time
3. Suit out in proper dress
4. Pass written examinations
GRADE COMPUTATION

Participation = 50%
Skill Evaluation = 25%
Written Examinations = 25%

*Participation grade will include suiting out in proper attire, positive contributions to class and team efforts, promptness in beginning activities, constant and maximum effort toward activity objectives, and demonstration of good sportsmanship.

• **There will be no make-up classes.**

Students will be required to provide a documented excuse when missing either written exams or skills tests. It will be his/her responsibility to arrange with the instructor the missed exam. Students who fail to make such arrangements immediately upon their return to class will not be allowed to take the test.

ATTENDANCE PROCEDURES:

A. It is the student’s responsibility to sign the attendance sheet before the beginning of each class. Students arriving 5 minutes after class has started will be counted tardy. Students arriving 15 minutes after class has started will be counted absent. Failure to be in class and ready to participate at the beginning of class will also result in a tardy or an absent as rules apply. Students who leave class early without consulting the instructor will also be counted absent. Absences begin with the first day of class.

B. Students who exceed a total of four (4) absences will need to withdraw from this course or they will automatically receive a grade of “F” for this course.

C. Students will have two (2) points deducted from their final grade for each tardy received.

MEDICAL:

A. Students who have a health problem should obtain a document from a physician explaining the program and an approval for participation in the activity in which the student is involved. A current physical exam is recommended.

B. Disability Support Services provide services to students who have appropriate documentation of a disability. Students requiring accommodations for class are responsible for contacting the Office of Disability Support Services (DSS) located on the central campus. This service is available to all students, regardless of location. Explore the website at [www.ctcd.edu/disability-support](http://www.ctcd.edu/disability-support) for further information. Reasonable accommodations will be given in accordance with the federal and state laws through the DSS office.
V. COURSE OUTLINE:

A. Unit One: Bowling for Beginners

1. Unit Objective:
   a. Acquire an appreciation for bowling
   b. Improve fitness and skills
   c. Enjoy the sport
   d. Keep score and participate in leagues

2. Learning Activities:
   a. Classroom lecture/discussion
   b. Demonstration on the techniques of play
   c. Reading assignments: handouts
   d. Film studies

3. Equipment and Materials:
   a. Bowling balls
   b. Bowling shoes
   c. Scoring materials


5. Unit Outline:
   a. Understand and practice fundamental skills
   b. Learn how to score
   c. Practice rules of courtesy of the lanes
   d. Learn the procedure for league and tournament participation
   e. Participate in league and tournament play